

Healthcare Effectiveness Data and Information Set (HEDIS) is a comprehensive set of standardized performance measures designed to provide purchasers and consumers with the information they need for reliable comparison of health plan performance.

There are certain scenarios/conditions that will exclude a member from the measure when documented and reported on the claim for the encounter. These exclusions will be outlined in this reference tool along with the criteria when performing the measure. It is very important to document the conditions that are excluding the member when applicable, this will close the gap for the measure.

There are two conditions that exclude the patient from several measures.

1. **Advanced Illness**-There are many diagnoses that are considered advanced illness. It is important to document all active diagnosis for the member. Diagnosis must be reported on two separate dates of service during the measurement year or year prior. See page 2 for examples of advanced illness diagnoses.
2. **Frailty**-Adobe Care and Wellness has implemented a frailty screening as part of the In Home Risk Assessments. The screening consists of five questions including: Are you fatigued, able to walk up one flight of stairs, able to walk one block, more than five illnesses, lost >5% of weight in the past six months. Results of 3-5 are documented with a status and plan of care. Frailty diagnosis must be submitted during the measurement year. See page 2 for examples of conditions included in a frailty screening.
 - **Exclusions:** Currently on hospice, utilized hospice services or received palliative care any time during the measurement year.

➤ **ADVANCED CARE PLANNING:**

- Advanced directive, actionable medical orders, living will, surrogate decision maker are all examples of advanced care planning.
- If there has been a surrogate decision maker named, this should be documented in the medical record along with the name and relationship of the surrogate.
- Timeframe-any time during the measurement year.

➤ **FUNCTIONAL STATUS ASSESSMENT REQUIREMENTS:**

- Assessment of at least five Activities of Daily Living (ADL) i.e., bathing, dressing, eating, getting up and down from sitting or lying position, bathroom, walking.
- Assessment of at least four instrumental Activity of Daily Living (IADL) i.e., chores, cleaning, cooking, driving, grocery shopping, paying bills, taking medication, using a phone.
- Timeframe-any time during the measurement year.

➤ **MEDICATION REVIEW:**

- Medication list must be documented and reviewed by a prescribing practitioner or clinical pharmacist on the same date of service.
- Medication review must include all medications including prescription, over the counter, and supplemental therapies.
- If the member is not on any medication, the provider must document “not taking any meds” and this will meet the criteria to close the gap for this measure.

- Timeframe-any time during the measurement year.

➤ **PAIN ASSESSMENT:**

- A standardized pain assessment tool should be used.
- If the member does not have any current pain, document “no pain present” in the medical record.
- If pain is present, document location of the pain and severity 0-10.
- Pain assessment related to a single body part, with the exception of the chest, meets compliance.
- Chest pain, documentation of pain management or pain treatment alone will not meet compliance.
- Timeframe-any time during the measurement year.

➤ **COLORECTAL CANCER SCREENING:**

- Document type of screening, month and year, and result.

Colonoscopy	Current year or 9 years prior
Flexible sigmoidoscopy or CT colonography	Current year or 4 years prior
FIT-DNA test	Current year or 2 years prior
iFOBT, gFOBT, FIT	Current year only

➤ **Exclusions:**

- Currently on hospice, utilized hospice services or received palliative care any time during the measurement year.
- Current/active or historical colorectal cancer (anytime in the members history through Dec. 31 of the measurement year).
- Total colectomy (anytime in the members history through Dec. 31 of the measurement year).
- Advanced illness and frailty.

➤ **BREAST CANCER SCREENING:**

- All types and methods including screening, diagnostic, film, digital are accepted for this measure.
- Document the month and year. Type of screening and result are is not required for this measure.
- Timeframe-Oct. 1, two years prior to the measurement year through Dec. 31 of the measurement year.

➤ **Exclusions:**

- Currently on hospice, utilized hospice services or received palliative care any time during the measurement year.
- Bilateral or unilateral mastectomy (anytime in the members history through Dec. 31 of the measurement year).
- Dispensed a dementia medication: donepezil, donepezil-memantine, galantamine, rivastigmine, or memantine.
- Advanced illness and frailty.

➤ BLOOD PRESSURE CONTROL FOR DIABETIC PATIENTS:

- Blood pressure can be taken by the patient during a telehealth visit. Must be a digital device and these details need to be documented in the medical record.
- Documentation in the medical record of blood pressure average is acceptable. The average blood pressure listed must be $\leq 140/90$ mg/dL.
- Timeframe-any time during the measurement year.

➤ Exclusions:

- Currently on hospice, utilized hospice services or received palliative care any time during the measurement year.
- Dispensed a dementia medication: donepezil, donepezil-memantine, galantamine, rivastigmine, or memantine.
- Advanced illness and frailty.

FRAILTY SCREENING CONDITIONS (Document the below conditions when applicable)

- Gait disturbances (ataxic gait or paralytic gait), age related physical debility, difficult in walking, other abnormality of gait and mobility, or other reduced mobility.
- Weakness, muscle wasting, malaise or fatigue, adult related physical debility.
- Dependence on wheelchair (wheelchair bound)/Dependence on walker.
- Underweight, cachexia (abnormal BMI). Adult failure to thrive.
- Dependence on supplemental oxygen.
- Current or history of falls.
- Bed confinement status.

ADVANCED ILLNESS DIAGNOSES (Common conditions but not an all-inclusive list)

- Dementia/Alzheimer's disease
- Parkinson's disease
- Pulmonary fibrosis
- Heart failure
- Chronic kidney disease, stage 5 or end stage
- Emphysema
- Respiratory failure
- Secondary malignant neoplasm of skin, brain, lung, and GI