

Safe Disposal of Prescription Drugs and Controlled Substances

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Adobe
POPULATION HEALTH

Follow these simple steps to dispose of medicines in the household trash

MIX

Mix medicines (do not crush tablets or capsules) with an unpalatable substance such as dirt, cat litter, or used coffee grounds;



PLACE

Place the mixture in a container such as a sealed plastic bag;



THROW

Throw the container in your household trash;



SCRATCH OUT

Scratch out all personal information on the prescription label of your empty pill bottle or empty medicine packaging to make it unreadable, then dispose of the container.

