

Policy ID: 2.49	Title: Safe Disposal of Prescription Drugs and Controlled Substances	Approved Date: 01/15/2021
Effective Date: 01/15/2021	Prepared By: Challas Ray	Review Date: 01/14/2022
Revised Date:	Approved By: Quality Committee	

**2.46 Safe Disposal of Prescription Drugs and Controlled Substances**

The purpose of this policy is to ensure Adobe Care & Wellness Providers are educating members on proper drug disposal and drug take back programs. Adobe Care & Wellness’s policy will coincide with the U.S. Drug Enforcement Administration (DEA) and FDA’s disposal guidelines.

**Drug Disposal: Take Back Programs**

1. Providers will be educated on authorized drug collection sites via U.S. Department of Justice Drug Enforcement Agency and Arizona Department of Health Services:
  - a. <https://apps2.deadiversion.usdoj.gov/pubdispsearch/spring/main;jsessionid=dzjj1GWRc6BqKA.R6QR3KTSgbkBkpSf8wedcatbiT.web1?execution=e1s1>
  - b. <https://azdhs.gov/gis/rx-drop-off-locations/index.php>

**Drug Disposal: FDA’s Flush List for Certain Medications**

1. Providers must verify medication is on FDA’s Flush List:
  - a. <https://www.fda.gov/media/85219/download>

**Drug Disposal: Dispose (Non-Flush List) Medicine in Trash**

1. Mix medicines (liquid or pills; do not crush tablets or capsules) with an unappealing substance such as dirt, cat litter, or used coffee grounds.
2. Place the mixture in a container such as a sealed plastic bag.
3. Throw away the container in your trash at home.
4. Delete all personal information on the prescription label of empty medicine bottles or medicine packaging, then trash or recycle the empty bottle or packaging.

EDUCATIONAL MATERIALS COURTESY OF



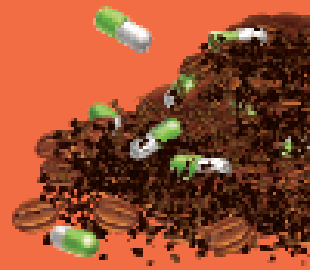
**Adobe**  
POPULATION HEALTH

# Safe Disposal of Prescription Drugs and Controlled Substances

Follow these simple steps to dispose of medicines in the household trash

## MIX

Mix medicines (do not crush tablets or capsules) **with an unpalatable substance** such as dirt, cat litter, or used coffee grounds;



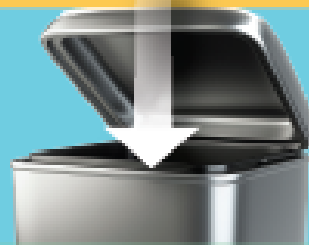
## PLACE

Place the mixture **in a container** such as a sealed plastic bag;



## THROW

Throw the container **in your household trash**;



## SCRATCH OUT

Scratch out **all personal information** on the prescription label of your empty pill bottle or empty medicine packaging to make it unreadable, then dispose of the container.

